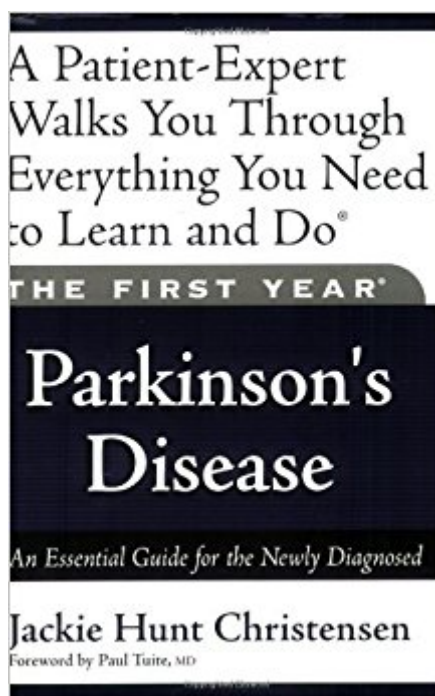


The book was found

The First Year---Parkinson's Disease: An Essential Guide For The Newly Diagnosed



Synopsis

Parkinson's disease is a chronic disorder that causes a progressive loss of nerve cell function in the part of the brain that controls muscle movement; is an incurable neurological condition with debilitating symptoms. Over 1.5 million Americans are affected, and the numbers continue to grow. From the first moment of her Parkinson's diagnosis, author Jackie Christensen took charge and educated herself on every aspect of her condition. Now, as a "patient-expert," she guides those newly diagnosed step by step through their first year with Parkinson's. She provides crucial information about the nature of the disease, treatment options, diet, exercise, charts and tables, social concerns, emotional issues, networking with others, and much more. *The First Year*; Parkinson's Disease will be an invaluable guide for all those who want to be an informed, active participant in the management of their condition.

Book Information

Series: The First Year

Paperback: 360 pages

Publisher: Da Capo Press; 1 edition (June 10, 2005)

Language: English

ISBN-10: 1569243727

ISBN-13: 978-1569243725

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 24 customer reviews

Best Sellers Rank: #660,192 in Books (See Top 100 in Books) #61 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease](#) #527 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System](#)

Customer Reviews

reference book

I have so much more knowledge about my Parkinsons Disease. Jackie does a great job of putting things on a level that those of us who needed an overview of "where I am and where I am going?" I would recommend this book to people who just were diagnosed with PD and their caregivers.

Thanks for writing this from your experience and heart.Helps me understand friend and her

condition. Anybody dealing with Parkinson's will find this a must read.

Not really about the 1st year -- although it divides things up that way. I wasn't overly impressed by this book, but I like hard scientific facts better than artificially dividing things up into a pretend year.

This is an excellent book for those patients with Parkinson's dis. It gave me a lot of information and suggestions on dealing with this disease

Very informative

Very informative and written in laymans terms and with a bit of humor to lighten the mood

My husband was recently diagnosed with Parkinson's and I purchased this book to help us understand the disease and how to cope with it. It has been extremely helpful and we are reading it together and talking with the doctor about it. She said it was an excellent resource book for Parkinson's. Thank you!

[Download to continue reading...](#)

The First Year---Parkinson's Disease: An Essential Guide for the Newly Diagnosed Bipolar Disorder: A Guide for the Newly Diagnosed (The New Harbinger Guides for the Newly Diagnosed Series) The First Year: Type 2 Diabetes: An Essential Guide for the Newly Diagnosed (The Complete First Year) The First Year: Celiac Disease and Living Gluten-Free: An Essential Guide for the Newly Diagnosed The First Year: Crohn's Disease and Ulcerative Colitis: An Essential Guide for the Newly Diagnosed The First Year: Cirrhosis: An Essential Guide for the Newly Diagnosed The First Year: Fibromyalgia: An Essential Guide for the Newly Diagnosed The First Year: Age-Related Macular Degeneration: An Essential Guide for the Newly Diagnosed The First Year: Hepatitis C: An Essential Guide for the Newly Diagnosed The First Year--Lupus: An Essential Guide for the Newly Diagnosed The First Year: Multiple Sclerosis: An Essential Guide for the Newly Diagnosed The First Year: Scleroderma: An Essential Guide for the Newly Diagnosed The First Year---Hepatitis B: An Essential Guide for the Newly Diagnosed The First Year: IBS (Irritable Bowel Syndrome)--An Essential Guide for the Newly Diagnosed Everything You Need to Know About Caregiving for Parkinson's Disease (Everything You Need to Know About Parkinson's Disease) (Volume 2) A Parkinson's Primer: An Indispensable Guide to Parkinson's Disease for Patients and Their Families The Muhammad Ali Parkinson Center 100 Questions & Answers About Parkinson Disease (100

Questions & Answers) Parkinson's Humor - Funny Stories about My Life with Parkinson's Disease
Cook Well, Stay Well with Parkinson's Disease - Super Foods for Super People with Parkinson's
Autism with HEART: A Guide for Parents with Newly Diagnosed Kids

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)